



## Overview

Dunstable Downs is the highest point in the East of England and one of the best-known viewpoints on the Chilterns ridge. The chalk grasslands of the Downs have miles of footpaths and circular walks to enjoy. This is a fantastic place to fly a kite, enjoy a picnic, walk your dog or just take a walk and enjoy the stunning views.

You might also get to see the gliders of the London Gliding Club soaring overhead, joined by our local wildlife stars, the Red Kites. Much of the Downs is registered common-land with an ancient history, including 5,000-year-old burial mounds and the site of a medieval rabbit warren.

There are two access walks, the Viewpoint and the Woodland Walk, both manageable for people with all abilities. Two Tramper all terrain scooters and a Mountain Trike are available to enjoy the site for those with mobility issues.

Dogs are welcome but must be kept under control and on leads in the car parks, visitor centre and courtyard. A full programme of events is available throughout the year.

## Access & Facilities

**Paths:** Over 2.3m wide, concrete (mostly smooth) and some compacted earth.

**Toilets:** External block with accessible toilet (right transfer) and standard toilets – internal accessible toilet and standard toilets

**Café:** Seating inside and outside, with accessible benches plus bookshop and National Trust shop

**Map:** A tactile map next to car park

Two Tramper All Terrain Scooters and a Mountain Trike - Free to borrow for 2 hour slots all week, 10am–4pm (weather depending)  
Book in advance via **01582 500920**



## Location

 Whipsnade Road, Dunstable, Bedfordshire, LU6 2GY

 What3Words: ///stone.puns.liver

 Getting There Info:  
[www.nationaltrust.org.uk/visit/essex-bedfordshire-hertfordshire/dunstable-downs-and-whipsnade-estate](http://www.nationaltrust.org.uk/visit/essex-bedfordshire-hertfordshire/dunstable-downs-and-whipsnade-estate)

## Parking

13 Blue Badge bays available, 6 on hard standing, 7 on gravel. Check website for details. Payment is at the parking machines in the car park, visitor info hub or justpark.

## Contact & Info

 01582 500920

 [dunstabledowns@nationaltrust.org.uk](mailto:dunstabledowns@nationaltrust.org.uk)

 [www.nationaltrust.org.uk/visit/essex-bedfordshire-hertfordshire/dunstable-downs-and-whipsnade-estate](http://www.nationaltrust.org.uk/visit/essex-bedfordshire-hertfordshire/dunstable-downs-and-whipsnade-estate)

National Trust Registered Charity 205846 Heelis,  
Kemble Drive, Swindon SN2 2NA



## Walk Description

**Start Point:** Leave visitor centre and café, towards the Windcatcher sculpture. At this turn right, following the path along the top of Downs.

**Route:**

- Straight Route – return the way you came
- Benches along route, as well as large seating area at halfway
- Route can be undulating as it follows terrain
- Fantastic views, but might be difficult for those with fear of heights or drops
- Option to venture out onto hilltop but this is on grass
- Perfect for those new to walking in nature

**Terrain:**

- Miles Without Stiles rating: Access For All
- Inclines: Mostly manageable ranging from 1 in 9 to 1 in 16
- Benches: Benches spaced along route
- Path surfaces: 2.3m width mostly smooth; concrete, compacted earth

## Key to symbols

- Accessible parking available
- Tramper and wheelchair hire (must be pre-booked)
- Information/Visitor Centre
- Café
- Hilltop viewpoint
- Accessible toilets on site
- Picnic area
- Access walk start point
- Access walk
- Alternate route
- Path incline



Towards the Windcatcher sculpture